

HAMPSHIRE COUNTY COUNCIL

Report

Committee	Cabinet
Date:	18 April 2023
Title:	Annual Report of the Director of Public Health 2022-2023: A Golden Age – ageing well in Hampshire
Report From:	Director of Public Health

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Purpose of this Report

1. The purpose of this report is to present Cabinet with the Annual Report of the Director of Public Health ahead of publication.

Recommendation(s)

2. Cabinet is asked to:
 - Note the Annual Report of the Director of Public Health 2022/23
 - Endorse the ambition within the Annual Report to continue to provide and support organisations and services to enable, empower and facilitate residents, to be happy, healthy and active as they get older.

Contextual information

3. The 2012 Health and Care Act placed a statutory duty on upper tier Local Authorities to improve and protect the health of their residents.
4. The Director of Public Health has a statutory duty to produce an annual report about the health of the local population. The content and structure of the report is decided each year by the Director of Public Health, based on key issue of health and wellbeing that would benefit from a focused review. The requirement placed on Hampshire County Council as the relevant local authority is to publish the report.

5. The four previous reports have focused on:

- Tackling environmental factors is vital to addressing obesity in Hampshire
- Reducing Serious Violence
- Shaping Place to improve health outcomes
- Covid-19: addressing inequalities in mental health and wellbeing across Hampshire.

6. The Annual Report of the Director of Public Health will be published here: [New Annual Report of the Director of Public Health | Health and social care | Hampshire County Council \(hants.gov.uk\)](https://www.hants.gov.uk/health-social-care)

Report Recommendations:

7. Our ambition moving forward is simple but so important, we will continue to provide and support organisations and services to enable, empower and facilitate us all, to be happy, healthy and active as we get older.

Executive Summary

8. This year's report focusses on a healthy and active older people.

9. Recognising the challenging times, we have all had to face and the potential impact of that on our all our population but particularly the older population. This report highlights positive case studies which are proactively supporting people to age well, remain independent, physically active and healthier for longer.

10. It provides information on local services and opportunities available to all our residents and also what we can do ourselves to enable us to live and age well.

Conclusion / Next Steps

11. Work with Adult Social Care colleagues and across partner organisations in Hampshire to promote and grow the Live Longer Better work programme

12. Continue to develop and expand the 'Steady and Strong' falls prevention offer, working in partnership with the NHS.

13. Work in partnership through the Improving Mental Wellbeing in Hampshire Board to deliver the Hampshire Mental Wellbeing Strategy 2023-2028, including Action 3.6 'Reducing stigma in older people's mental wellbeing'.

REQUIRED CORPORATE AND LEGAL INFORMATION:

Links to the Strategic Plan

Hampshire maintains strong and sustainable economic growth and prosperity:	no
People in Hampshire live safe, healthy and independent lives:	yes
People in Hampshire enjoy a rich and diverse environment:	no
People in Hampshire enjoy being part of strong, inclusive communities:	yes

Section 100 D - Local Government Act 1972 - background documents

The following documents discuss facts or matters on which this report, or an important part of it, is based and have been relied upon to a material extent in the preparation of this report. (NB: the list excludes published works and any documents which disclose exempt or confidential information as defined in the Act.)

Document

Location

None